

Owner's Name _____

Contract No. _____

Annuitant's Name _____

Trust No. (if applicable) _____

Instructions: Sign & date this form.

I. Dollar Cost Averaging - Not available with Portfolio Rebalancing. Elect Dollar Cost Averaging from the BlackRock Government Money Market V.I. sub-account or from the Enhanced Fixed Account, but not both.

1. I elect Dollar Cost Averaging from the **BlackRock Government Money Market V.I. sub-account. Complete Column B. (dollar amount column only)**
2. I elect Dollar Cost Averaging from the **Enhanced Fixed Account.**
 - a. 6 months* 12 months* (*subject to availability when National Life Insurance Company receives the funds.)
 - b. Amount to the Enhanced Fixed Account: \$ _____ (\$10,000 min) **Complete Column B. (dollar or percent column)**

II. Column A must always be completed for the initial and subsequent premiums.
Use whole numbers; Must total 100%. *Allocations to Preserver accounts must be at least \$500 per account.

	A. Premium Allocation		B. Dollar Cost Averaging		A. Premium Allocation		B. Dollar Cost Averaging
Touchstone				BlackRock			
TVST Common Stock	_____ %	\$ _____	_____ %	Equity Dividend V.I.	_____ %	\$ _____	_____ %
TVST Small Company	_____ %	\$ _____	_____ %	60/40 Target Allocation ETF V.I.	_____ %	\$ _____	_____ %
TVST Balanced	_____ %	\$ _____	_____ %	Advantage U.S. Total Market V.I.	_____ %	\$ _____	_____ %
TVST Bond	_____ %	\$ _____	_____ %	Global Allocation V.I.	_____ %	\$ _____	_____ %
				Government Money Market V.I.	_____ %	\$ N/A	N/A %
AB				Fidelity			
VPS Balanced Wealth Strategy	_____ %	\$ _____	_____ %	VIP Contrafund	_____ %	\$ _____	_____ %
VPS Dynamic Asset Allocation	_____ %	\$ _____	_____ %	VIP Disciplined Small Cap	_____ %	\$ _____	_____ %
VPS International Value Class B	_____ %	\$ _____	_____ %	VIP Dynamic Capital Appreciation	_____ %	\$ _____	_____ %
VPS Small/Mid Cap Value Class B	_____ %	\$ _____	_____ %	VIP Freedom Income	_____ %	\$ _____	_____ %
American Century				VIP Growth Opportunities			
VP Capital Appreciation	_____ %	\$ _____	_____ %	VIP Index 500	_____ %	\$ _____	_____ %
VP Growth	_____ %	\$ _____	_____ %	VIP Mid Cap	_____ %	\$ _____	_____ %
VP Large Company Value	_____ %	\$ _____	_____ %	VIP Real Estate	_____ %	\$ _____	_____ %
VP Ultra Class 2	_____ %	\$ _____	_____ %	Franklin Templeton			
VP Value Class 2	_____ %	\$ _____	_____ %	Franklin Allocation VIP	_____ %	\$ _____	_____ %
American Funds				Franklin Small-Mid Cap Growth VIP	_____ %	\$ _____	_____ %
AFIS Asset Allocation	_____ %	\$ _____	_____ %	Franklin Mutual Global Discovery VIP	_____ %	\$ _____	_____ %
AFIS Global Bond	_____ %	\$ _____	_____ %	Franklin Rising Dividends VIP	_____ %	\$ _____	_____ %
AFIS Growth-Income	_____ %	\$ _____	_____ %	Templeton Developing Markets VIP	_____ %	\$ _____	_____ %
AFIS Global Growth & Income	_____ %	\$ _____	_____ %	Templeton Global Bond VIP	_____ %	\$ _____	_____ %
AFIS Global Small Capitalization	_____ %	\$ _____	_____ %				
AFIS High-Income Bond	_____ %	\$ _____	_____ %				
AFIS New World	_____ %	\$ _____	_____ %				

Sentinel Advantage Variable Annuity 5 Investment Allocation - Continued

Goldman Sachs

VIT Equity Index	_____ %	\$ _____	_____ %
VIT Global Trends Allocation	_____ %	\$ _____	_____ %
VIT Growth Opportunities	_____ %	\$ _____	_____ %
VIT High Quality Floating Rate	_____ %	\$ _____	_____ %
VIT Mid Cap Value	_____ %	\$ _____	_____ %
VIT Small Cap Equity Insights	_____ %	\$ _____	_____ %

Invesco

V.I. Diversified Dividend	_____ %	\$ _____	_____ %
V.I. Equity and Income	_____ %	\$ _____	_____ %
V.I. Government Securities	_____ %	\$ _____	_____ %
V.I. Global Real Estate	_____ %	\$ _____	_____ %
V.I. High Yield	_____ %	\$ _____	_____ %
V.I. International Growth	_____ %	\$ _____	_____ %
V.I. Mid Cap Growth	_____ %	\$ _____	_____ %

T. Rowe Price

Blue Chip Growth	_____ %	\$ _____	_____ %
Equity Income	_____ %	\$ _____	_____ %
Health Sciences	_____ %	\$ _____	_____ %
Mid Cap Growth-II	_____ %	\$ _____	_____ %

VanEck

VIP Emerging Markets Class S	_____ %	\$ _____	_____ %
VIP Global Hard Assets Class S	_____ %	\$ _____	_____ %

National Life Insurance Company (*\$500 minimum)

Preserver 5 Year*	_____ %	\$ _____	<u>N/A</u>	<u>N/A</u>	%
Preserver 7 Year*	_____ %	\$ _____	<u>N/A</u>	<u>N/A</u>	%
Preserver 10 Year"	_____ %	\$ _____	<u>N/A</u>	<u>N/A</u>	%
Fixed Account	_____ %	\$ _____	<u>N/A</u>	<u>N/A</u>	%

Other (as available)

_____	_____ %	\$ _____	_____ %
_____	_____ %	\$ _____	_____ %

Total **100%** \$ _____ **or** _____ %

III. Signature

Owner's Signature: _____

Date: (mm/dd/yyyy) _____