



stayFIT

Stay Financially Fit for Life

Average life expectancy¹...



BORN IN
1900
.....
= 49 yrs



BORN IN
1950
.....
= 72 yrs



BORN IN
2000
.....
= 80 yrs

Life expectancy is increasing year after year. A comfortable retirement will require increasing rates of saving.

Make sure you are Financially Independent for Tomorrow (FIT)!

Just like physical fitness relies on eating right and exercise, financial fitness has a few key components:

Workout Routine 1

Work out what you'll need

Workout Routine 2

Forecast what you'll have

Workout Routine 3

Maximize savings and increase contributions regularly

Haven't started your journey to financial fitness yet? Just getting started is the most important part of any plan.

Already started? Consider adding more each month to stayFIT financially!

Strengthen Your Financial Plan Today.

Add more to your retirement plan so you can experience a Financially Independent Tomorrow.

stayFIT
with
National Life
Group.

Products issued by:
National Life Insurance Company®
Life Insurance Company of the Southwest®

National Life Group® is a trade name of National Life Insurance Company, Montpelier, VT, Life Insurance Company of the Southwest (LSW), Addison, TX and their affiliates. Each company of National Life Group is solely responsible for its own financial condition and contractual obligations. LSW is not an authorized insurer in New York and does not conduct insurance business in New York.

¹ Data Sources: National Vital Statistics Reports, Vol. 50, No.6.; Data based on remaining years of life at birth for a white woman.

No bank or credit union guarantee | Not a deposit | Not FDIC/NCUA insured | May lose value | Not insured by any federal or state government agency

Guarantees are dependent upon the claims-paying ability of the issuing company.